

Independent Living Policy

Students supported by the Office of Inclusive Services (OIS) may choose to live in the <u>Lookout at</u> <u>Cragmor</u>. Living at the Lookout ("residential living¹") is designed to support students in developing and enhancing their independent living skills, including:

- Managing their schedule
- Developing skills to resolve conflicts through restorative practices
- Maintaining a clean living space
- Developing and managing their budget
- Shopping
- Cooking
- Doing laundry
- Planning and carrying out social events
- Following their apartment agreement

Students who receive services from the OIS and live in the Lookout must live with other students from the OIS for the first two years. In order to move out of the OIS-only apartments, students must have lived in an OIS-only apartment for two years and shown they can carry out the following tasks successfully:

- Managing their schedule
- Taking medication as needed
- Using skills learned to resolve conflicts through restorative practices
- Maintaining a clean living space
- Managing their budget
- Shopping for groceries
- Cooking basic meals
- Doing laundry
- Planning and carrying out social events

¹ commuter students develop the skills listed above through different on-campus and at-home activities



OIS residential students must follow the requirements of the Lookout at Cragmor Lease, the <u>UCCS Student Code of Conduct</u>, and the Housing Requirements set forth by the Office of Inclusive Services Staff.

Office of Inclusive Services Housing Requirements

- Participate in the development of your apartment Roommate Agreement
- Follow your Roommate Agreement
- Follow your schedule and participate in all program requirements
- Wake up on time
- Complete an outing proposal and have it approved before hosting an event or planning an off-campus activity
- Update your calendar, noting when you will not be on campus or are going home
- Be respectful and respect the personal boundaries of others in your apartment and the apartment complex (examples: enter private rooms by invitation only; keep clothes on in the common areas; do not touch others without permission; do not engage in harassing or inappropriate communication or any communication that makes others uncomfortable; ensure your tv and music volume is appropriate; use appropriate voice tone and volume when interacting with others)
- Maintain a clean room and shared spaces
- Communicate with staff as needed and respond to all staff communication
- Inform support staff if you're unable to attend class, work site, campus activity, or a scheduled housing/ or community involvement event
- Follow through with directives from support staff
- Maintain the ability to self-regulate behavior
- Interact safely and respectfully in all situations and environments
- Manage requests for medical attention appropriately
- Maintain appropriate hygiene and dress
- No pets/ live animals except officially certified service dogs protected under the ADA (service dogs must be approved by the OIS Director prior to move-in)



The Office of Inclusive Services will provide all apartment support services. Families and Guardians are not to spend time cleaning, doing laundry, cooking, organizing, or hanging out after moving their student into the apartment.

Families and Guardians should limit their time in the student's apartments to 15-20 minutes per week. Time in the apartment should be limited to dropping things off and quick checks of student space. Please respect that the apartment is a shared living space for young adults.

The Lookout at Cragmor is the only location where the OIS provides independent living services. The OIS cannot guarantee that housing will be available at the Lookout due to apartment availability and/or the availability of OIS roommates. If housing at the Lookout is unavailable, students will need to find living arrangements on their own.